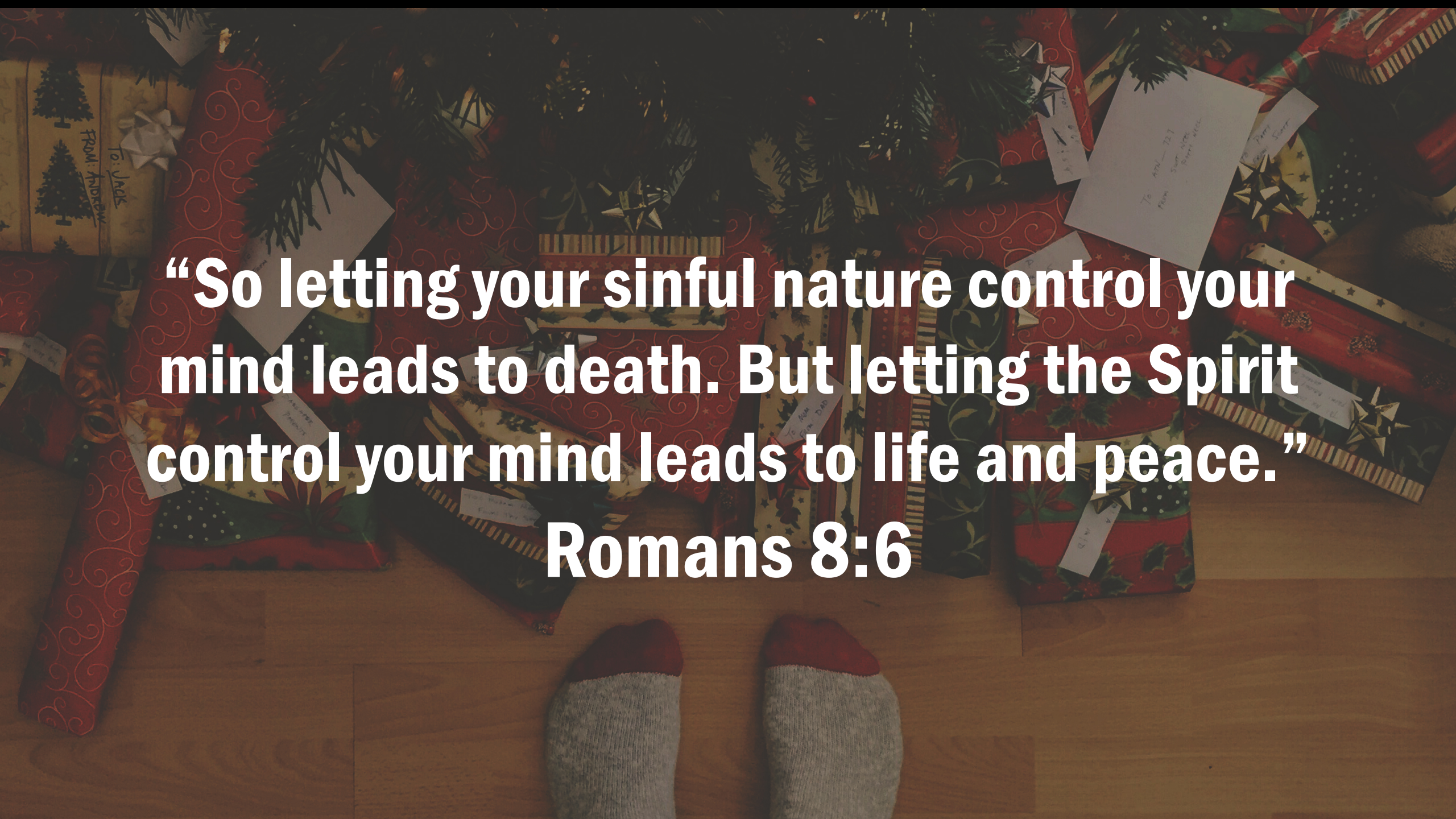


# Ho Ho Ho

How to stay a Christian this Christmas

## Part 1: Turkey and Stressing



**“So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.”**

**Romans 8:6**

**Live within the margins.**

**Margins are the difference between your current activity and your maximum capacity.**

**Fear moves us beyond our margins.**

**Two areas where we lose margin  
the quickest during the holidays:**


**1. Time.**

**Ephesians 5:15-16**

**Two areas where we lose margin  
the quickest during the holidays:**

**2. Money.**

**Hebrews 13:5**



**Are you eating the  
turkey and stressing?**