## **Part 3: Why Have You Forsaken Me?**

AST

"Now from the sixth hour until the ninth hour there was darkness over all the land. And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lama sabachthani?" that is, "My God, My God, why have You forsaken Me?" Matthew 27:45-46

## Why did Jesus say this?

1. He was pointing people to Psalm 22. Psalm 22:14-18

> 2. He was experiencing feelings of abandonment. Hebrews 4:15

How do we respond when we feel forsaken? **1. Believe the truth. Hebrews 13:5 James 1:2-5** 

How do we respond when we feel forsaken? 2. Repurpose your pain. Romans 8:28

How do we respond when we feel forsaken? 3. Make an appointment during disappointment. **James 4:8 Psalm 16:11** 

## Are you acting as if God has forsaken you?

