



# *Centered*

## **Part 2: Growing Up**

**Growing Up**

**Reaching Out**



**Reaching In**

**Growing Deep**

# **Growing Up**

**1 Corinthians 15:34**

**1 Thessalonians 4:7**

**Ephesians 4:17-24**

# How do we grow up spiritually?

## 1. Practice Repentance.

Repentance is a change of mind,  
resulting in a change of direction.

**Acts 3:19**

**Matthew 4:17**

**How do we grow up spiritually?**

**2. Receive Righteousness.**

**Righteousness is the state of being  
in acceptable condition to God.**

**Romans 3:22**

**How do we grow up spiritually?**

**3. Embrace sanctification.**

**Sanctification is gradual growth  
through grace and grit.**

**1 Thessalonians 4:3**

**How do we grow up spiritually?**

**4. Walk in holiness.**

**Holiness is righteousness in action.**

**1 Peter 1:14-15**

**2 Timothy 2:21**

The image features a central circular frame containing a misty, snow-capped mountain range. This central scene is surrounded by a wide, circular border composed of various nature-themed images: a rushing river with white water rapids, a forest with trees in autumn colors, and close-up shots of green plants with colorful flowers. The entire composition is set against a dark, textured background.

**Are you  
growing up?**