



Eat your Veggies

Doing the things we don't want to do

Part 1: Read the Bible

U.S. Bible reading in 2021:

11% daily

23% a few times a week

8% once a month

16% a few times a year

42% very rarely or never



What is the Bible?

**The Bible is not a book,
but a collection of books.**

What is the Bible?

**The Bible is the story of God's
interaction with humanity.**

1 John 4:14

What is the Bible?

The Bible is the word of God.

Isaiah 55:11

Hebrews 4:12

What is the Bible?

**The Bible is useful
for spiritual growth.**

2 Timothy 3:14-17

What is the Bible?

**The Bible contains information
that is meant to be applied.**

James 1:21-24



The Transformation Equation:
(Information + Application) x Dedication =
Transformation

What is the Bible?

**The Bible contains information
that is meant to be applied.**

James 1:21-24

What is the Bible?

**The Bible serves as
an anchor for doctrine.**

Hebrews 2:1

What is the Bible?

**The Bible is the treasure map;
Jesus is the treasure.**

John 5:39-40

Why don't we read the Bible?



Practical tips for reading the Bible:

- 1. Choose a specific time and place.**
- 2. Use multiple translations and tools.**
- 3. Utilize Bible apps and devotionals.**
- 4. Be aware of what you're reading.**
- 5. Read for relationship.**

A still life composition on a textured, light blue background. On the left, a golden-brown braided pie sits on a dark blue cloth. At the top left, a red apple is partially visible. At the top center, a dark wooden bowl with a green leaf inside is partially shown. At the top right, a white cloth with a green leaf is visible. On the right side, a red apple sits on a branch of green leaves with small buds. At the bottom, three silver forks are arranged horizontally. The text "Are you reading the Bible in the way God wants you to?" is centered in white, bold, sans-serif font.

**Are you reading the Bible
in the way God wants you to?**