



Eat your Veggies

Doing the things we don't want to do

Part 2: Forgive

**Three things you should
know about forgiveness:**

1. Forgiveness brings freedom.

Matthew 18:23-25

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know about forgiveness:**

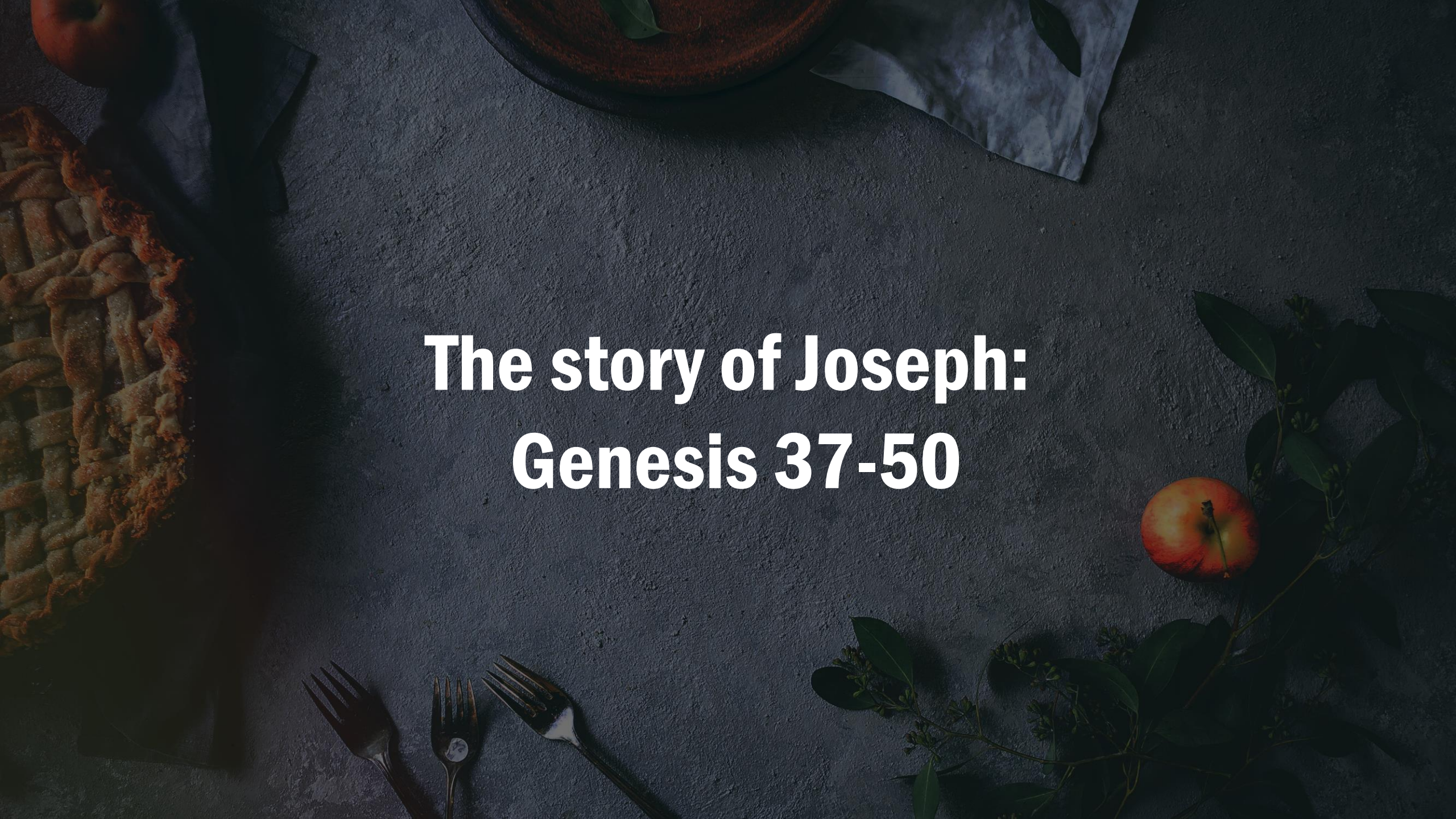
2. Forgiveness is a two-sided coin.

Matthew 6:14-15

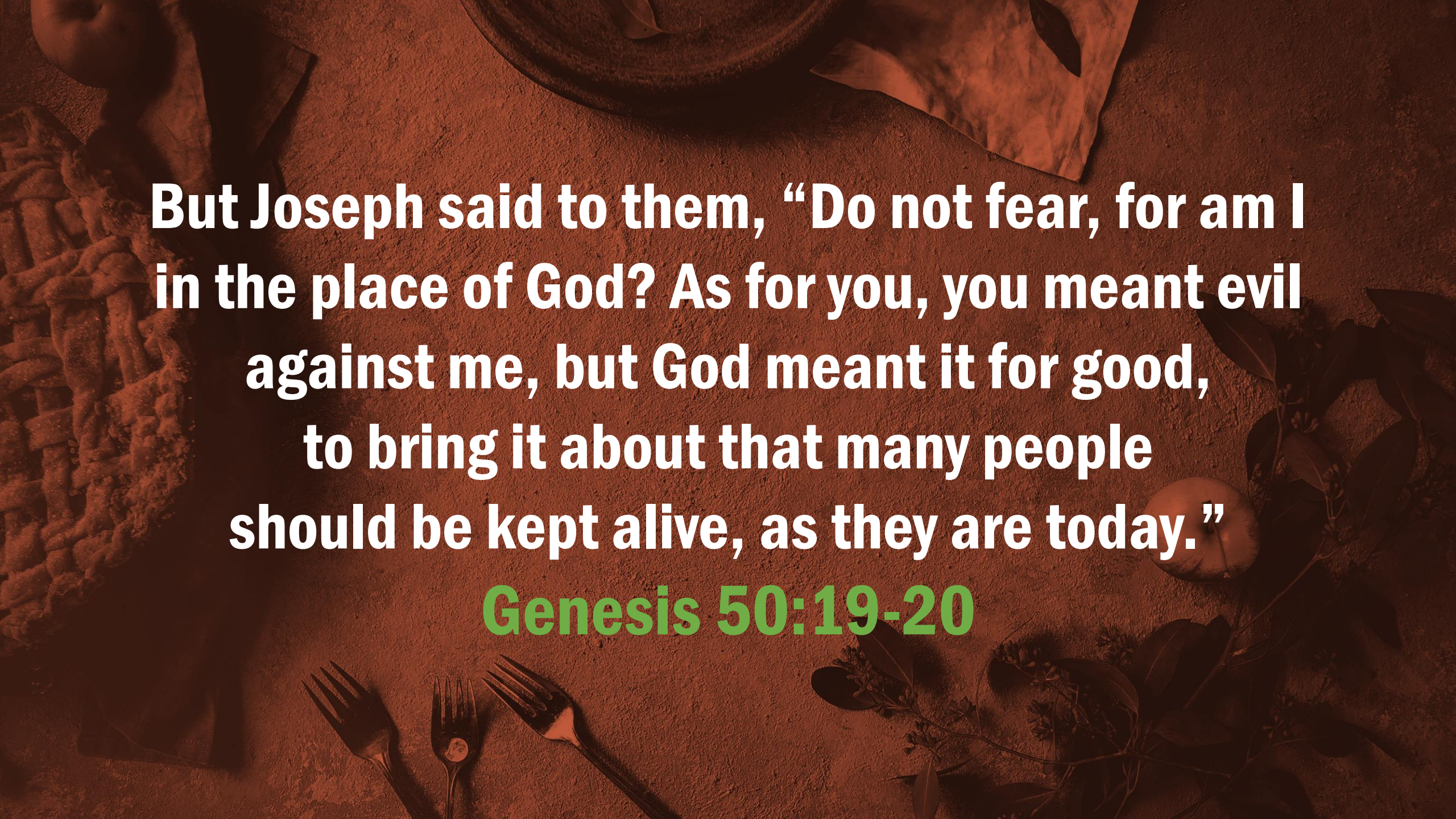
**Three things you should
know about forgiveness:**

3. Forgiveness is a process.

Matthew 18:21-22

A still life composition on a dark, textured surface. In the top left, a braided pie sits on a dark napkin. To its right, a dark bowl is partially visible with a white napkin tucked under it. In the bottom left, three silver forks are arranged. On the right side, a red and yellow apple is placed next to a sprig of green herbs. The central text is in a bold, white, sans-serif font.

**The story of Joseph:
Genesis 37-50**



But Joseph said to them, “Do not fear, for am I in the place of God? As for you, you meant evil against me, but God meant it for good, to bring it about that many people should be kept alive, as they are today.”

Genesis 50:19-20

**Joseph could forgive
because he trusted God.**

Romans 8:28

A still life composition on a textured grey surface. On the left, a golden-brown braided pie sits on a dark blue napkin. At the top, a wooden bowl with a green leaf and a white napkin are visible. On the right, a red apple is placed next to a sprig of greenery with small white flowers. At the bottom, three silver forks are arranged horizontally. The central text is in a bold, white, sans-serif font.

Are you walking in forgiveness?