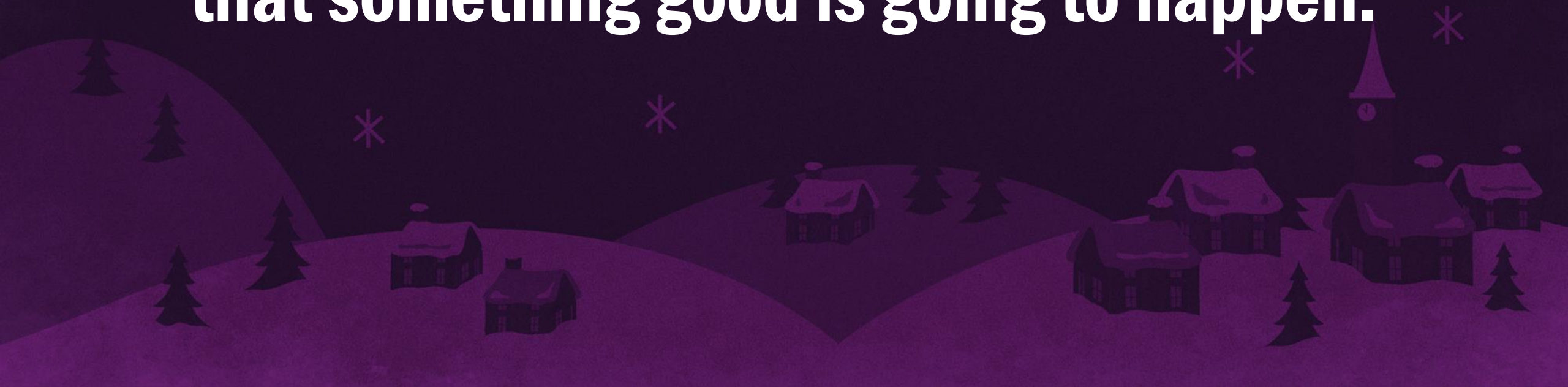


HOPE PE *for the* HOLIDAYS

Part 3: Defying Discouragement

**Hope is the confident, patient expectation
that something good is going to happen.**



Discouragement is when you've lost
your confidence & resolve,
hope begins to fade,
and inaction sets in.

What causes discouragement?

When things take longer than expected.

When things are more difficult than you thought.

When you're listening to criticism.

When you're comparing yourself to others.

How to defy discouragement:

1. Remember who you are.

1 Samuel 17:45-48

How to defy discouragement:

2. Remember whose you are.

Judges 6:12; 1 Samuel 30:6

Jonah 2:7; Nehemiah 4:14

How to defy discouragement:

3. Don't quit.

Hebrews 10:36

Galatians 6:9



**Are you defying
discouragement?**

