

**pray  
like  
this**



Lessons from the Lord's prayer

**Part 6: Forgive Us Our Debts**

**“Our Father in heaven, Reveal who you are. Set the world right; Do what’s best—as above, so below. Keep us alive with three square meals. Keep us forgiven with you and forgiving others. Keep us safe from ourselves and the Devil. You’re in charge! You can do anything you want! You’re ablaze in beauty! Yes. Yes. Yes.”**

**Matthew 6:9-13 (MSG)**

**Forgive us our debts  
as we forgive our debtors.**

**Matthew 6:14-15**

**We must receive God's forgiveness.**

**1 John 1:9**

**Ephesians 1:7**

**Isaiah 43:25**

**We must forgive ourselves.**

**2 Peter 1:8-9**

**Romans 8:1**

**We must forgive others.**

**Colossians 3:13**

- 1. Make the choice.**
- 2. Embrace the process.**
- 3. Ask God for help.**

**“If heaven is where everyone is forgiven,  
and hell is where no one is forgiven,  
then forgiveness is bringing heaven  
down to earth, and unforgiveness  
is bringing hell up to earth.”**

**- Josh Howerton**

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like  
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**When you pray, do you ask God to  
forgive you as you have forgiven?**