

pray
like
this



Lessons from the Lord's prayer

Part 7: Lead Us Not Into Temptation

“Our Father in heaven, may your name be kept holy. May your Kingdom come soon. May your will be done on earth, as it is in heaven. Give us today the food we need, and forgive us our sins, as we have forgiven those who sin against us. And don’t let us yield to temptation, but rescue us from the evil one.””

Matthew 6:9-13 (NLT)

**Lead us not into temptation,
but deliver us from evil.**

Temptation – *peirasmos*:

**An experiment, attempt, trial,
a proving of integrity, an enticement
or temptation to sin.**

God does not tempt us to sin.

James 1:12-13

**Temptation is permitted
for your spiritual growth.**

James 1:2-4

Matthew 4:1

**You're going to need God's
help overcoming temptation.**

Matthew 26:41

1 Corinthians 10:13

How do we overcome temptation?

1. Recognize sin for what it really is.

Romans 6:23

How do we overcome temptation?

2. Understand how temptation works.

James 1:14-15

Genesis 3:1-6

Desire – Doubt – Deception - Disobedience

How do we overcome temptation?

3. Know yourself.

Your sinful self: **Romans 8:6**

Your spiritual self: **1 Corinthians 5:17**

How do we overcome temptation?

4. Weaponize the word.

Matthew 4:1-13

How do we overcome temptation?

5. Walk in the Spirit.

Galatians 5:16

Hebrews 12:1-2

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**When you pray, do you ask God to
help you overcome temptation?**