

A person with dark hair tied back, wearing a grey sweater, is seen from behind, sitting on a grassy hill. They are looking out over a vast, hazy landscape of rolling hills. The sky is dark and stormy, with several bright lightning bolts striking down. A large, semi-transparent circular graphic is centered over the person and the sky. The text "Good person. Bad choices." is overlaid on this circle. The word "Good" is in a bold, yellow font, while "person.", "Bad", and "choices." are in a bold, white font. The background of the entire image has a light grey grid pattern. There are also two double yellow lines, one in the top-left and one in the bottom-right, crossing the circular graphic.

Good person.
Bad choices.

Part 1: Slip, Trip & Fall

“For the world offers only a craving for physical pleasure, a craving for everything we see, and pride in our achievements and possessions. These are not from the Father but are from this world.”

1 John 2:16

How can we avoid bad choices?

1. Realize that thoughts precede actions.

Proverbs 23:7

Proverbs 4:23

How can we avoid bad choices?

**2. Recognize that not every
thought is from you.**

James 3:15

How can we avoid bad choices?

**3. Accept the responsibility
of governing your own thought life.**

Philippians 4:8

Determine – Delay – Distract – Declare

How can we avoid bad choices?

4. Renew your mind.

Romans 12:2

2 Corinthians 10:3-5

Three steps to mind renewal:

1. Identification

2. Demolition

3. Installation

A person with dark hair tied back, wearing a grey long-sleeved shirt and dark pants, is sitting cross-legged on a grassy hillside. They are facing away from the camera, looking out over a vast, hazy landscape of rolling hills and mountains under a cloudy sky. A large, faint white circle is overlaid on the image, centered behind the text.

**Are you renewing your mind
so you don't slip, trip and fall?**