

A person is seen from behind, sitting on a grassy hill. They are looking out over a vast, hazy landscape under a dark, stormy sky with several bright lightning bolts striking down. The scene is framed by a large, semi-transparent circular graphic. The text "Good person. Bad choices." is overlaid on the circle. The word "Good" is in a bold, yellow font, while "person.", "Bad", and "choices." are in a bold, white font. The background of the entire image is a light, textured grey with a grid of small dots.

Good person.
Bad choices.

Part 2: Lust

“For the world offers only a **craving for physical pleasure, a craving for everything we see, and pride in our achievements and possessions. These are not from the Father but are from this world.”**

1 John 2:16

What is Lust?

**Lust is an unhealthy craving or longing
for something you don't have,
can't have, or shouldn't have.**

Exodus 20:17

1 John 2:17

Tamar and Amnon

2 Samuel 13:1-19

How to conquer lust:

1. Extinguish lustful thoughts.

Colossians 3:5a

How to conquer lust:

2. Flee from anything that sparks lust.

2 Timothy 2:22

How to conquer lust:


3. Get busy doing Kingdom work.

1 Peter 2:11

How to conquer lust:

4. Take lust to the king.

Romans 13:14

A person with dark hair tied back, wearing a grey long-sleeved shirt and dark pants, is sitting cross-legged on a grassy hillside. They are looking out over a vast, hazy landscape of rolling hills and mountains under a cloudy sky. A large, faint white circle is overlaid on the image, framing the text. The overall mood is contemplative and serene.

**Are you caught in
the world's trap of lust?**